



New Vitality
Holistic health from a biblical perspective



Back to Biblical Health for Women: Let There Be Light!

© Copyright New Vitality, LLC, 2013. All rights reserved.

Welcome!



Julie Formby

Certified Master Herbalist

Nutritional Consultant

Iridologist

Biological Terrain Technician

<http://yournewvitality.com/>

- Register for my live seminars
- Invite me to speak at your women's group
- Schedule a Holistic Health Assessment



New Vitality

Holistic health from a biblical perspective



Back to Biblical Health for Women: Let There Be Light!

© Copyright New Vitality, LLC, 2013. All rights reserved.



- **Red LED Light** has the ability to reach down into all the layers of the skin where it:
 - Rejuvenates
 - Stimulates collagen production
 - Prompts cellular repair
 - Increases circulation promoting a more vibrant and youthful complexion

(Source: <http://technorati.com/women/article/the-many-of-colors-of-light/>)



New Vitality

Holistic health from a biblical perspective



Back to Biblical Health for Women: Let There Be Light!

© Copyright New Vitality, LLC, 2013. All rights reserved.



- **Red Light is also:**
 - Anti-inflammatory
 - Anti-bacterial
 - Used to treat acne in combination with blue light
 - Used to remove pre-cancerous skin cells without scarring

(Source: USA Weekend, "Light That Can Cure You," Feb 2-4, 2007; Reed Karaim.)



New Vitality

Holistic health from a biblical perspective



Back to Biblical Health for Women: Let There Be Light!

© Copyright New Vitality, LLC, 2013. All rights reserved.



•Red (visible) and Infrared (invisible) LED Lights work synergistically to deliver optimal skin rejuvenation. This combination of LED lights is ideal for:

- Deeper lines and wrinkle
- Scarring
- Promoting a more even skin tone

(Source: <http://technorati.com/women/article/the-many-of-colors-of-light/>)



New Vitality

Holistic health from a biblical perspective



Back to Biblical Health for Women: Let There Be Light!

© Copyright New Vitality, LLC, 2013. All rights reserved.



According to color therapist Vernier:

- Although the color blue can encourage depression, blue light therapy is effective for treating seasonal depression.
- Full-spectrum sunlight also helps
- Blue light stimulates melatonin production

(Source: <http://healthyliving.msn.com/health-wellness/find-your-zen/9-ways-color-affects-your-mood#7> Teresa Bergen)



New Vitality

Holistic health from a biblical perspective



Back to Biblical Health for Women: Let There Be Light!

© Copyright New Vitality, LLC, 2013. All rights reserved.



- Blue Light, depending on when given:

- Increases alertness (good for offices, school rooms)
- Fights insomnia
- Makes Alzheimer's patients more likely to sleep through the night
- Also has the ability to reset the biological clock

(Source: USA Weekend, "Light That Can Cure You," Feb 2-4, 2007; Reed Karaim.)



New Vitality

Holistic health from a biblical perspective



Back to Biblical Health for Women: Let There Be Light!

© Copyright New Vitality, LLC, 2013. All rights reserved.



• **Blue LED Light** therapy has been proven to have powerful anti-bacterial properties that have the ability:

- To kill *P. acnes* (the acne-causing bacteria)
- To prevent & treat mild to moderate acne
- To purify the skin
- To stabilize oil glands
- To soothe inflammation

(Source: <http://technorati.com/women/article/the-many-of-colors-of-light/>)



New Vitality

Holistic health from a biblical perspective



Back to Biblical Health for Women: Let There Be Light!

© Copyright New Vitality, LLC, 2013. All rights reserved.

- The Light Beam Generator uses negatively charged light photons to:

- ❖ Reduce pain, swelling & inflammation associated with:

- injury
- surgery
- arthritis
- bursitis
- PMS, tender breasts
- prostate issues
- fibromyalgia



New Vitality

Holistic health from a biblical perspective



Back to Biblical Health for Women: Let There Be Light!

© Copyright New Vitality, LLC, 2013. All rights reserved.

- ❖ Detoxify & drain lymph
- ❖ Heal burns, scars (prevent & reverse), acne, eczema
- ❖ Improve respiratory conditions such as croup, bronchitis, and even Cystic Fibrosis.
- The Light Beam Generator is used by the Tour de France team to get its riders back on the road the very next day after crashing and burning.

Available Early 2014: \$1 per minute, 15-minute increments