



Your New Vitality
Holistic health from a biblical perspective



New Vitality News

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The Perfect Herb



I have often said that if I had to choose only one herb, Pau d'Arco would be it!

Pau d'Arco, (aka Taheebo, Lapacho) is from the rainforests of the Amazon, and the bark of this tree is impervious to mold and fungus, making it not only anti-fungal, but it is also:

- anti-viral
- anti-bacterial, anti-microbial
- anti-tumor, anti-neoplastic
- anti-inflammatory

AND MORE!!

It kills every pathogen, including cancer according to many herbal resources, while boosting your immune function! **Learn how** to make your own powerful tincture of Pau d'Arco for less than \$1 per bottle. Why pay \$25-35 for a puny 4 oz. bottle of a weaker variety? Only 2 drops are needed to replace 1 capsule of dried herbs.

In our house, we use this tincture for everything, including sore throats. Two drops right on the sore spots in the throat, and we are able to kick most illness in our house within hours! I have clients who use it as a preventive for cancer and to relieve fungal infections, including: candida, athlete's foot, toe nail fungus,

etc. It is powerful stuff! Great for sinus infections too!

Speaking of sinus infections, seasonal allergies often turn into a nasty infection, making you feel like your head will explode, and this tincture is a great resource to have in your arsenal. But there is more that you can do to prevent sinus infections in the first place. If you suffer from seasonal allergies, you will want to **read my blog** to find out more about what you can do to eliminate both food and environmental allergies this year!

Also, check out my tutorial video on **"How to Make an Herbal Tincture"** in 2 minutes flat, then **CLICK HERE** to download a **FREE** copy of the recipe too! And if you enjoy this idea, download my eBook **"Homemade Herbal Remedies & Household Products"** including 7 recipes for only \$5. You will learn how to make over \$55 retail value worth of safe, all-natural products for less than \$8!!



L'chaim-- To Life!

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MAY SPECIALS:

ALLERGY DUO

Get two powerful products from
Standard Process for 20% off this month:
Antronex & Betafood

Contact me today to order get rid of your allergies today!

A Clean House: Principles of Cleansing & Detox



Also, check out my new eBook on [Cleansing & Detox](#) to learn more about how to avoid allergies and keep your body clean and healthy.



UPCOMING EVENTS:

Colorado Native Medicinal & Edible Herb Walk with Cattail Bob Seebeck

Learn how to identify over 5 dozen native Colorado herbs, including poisonous and "toolcraft" herbs. His book, *Survival Plants of Colorado* will be available for \$45 (\$5 less than on Amazon, and you don't have to pay shipping either!)

Dates & Times TBD (likely will be on a Sunday)-- if you are interested, please respond to this email and specify times that work best for you

COST: \$10 PER PERSON



I have recently switched from Constant Contact to SocialZing for my email newsletter service.

I have done my best to ensure that I have only included current subscribers, so please forgive me if you have previously unsubscribed from New Vitality News and I have inadvertently emailed you. If that is the case, kindly unsubscribe once more and accept my apologies!

I hate to see you go!

On the other hand, if you find my newsletter to be informative and helpful, please forward to others who may be interested. And if you would like to streamline your business, including social media, check out everything that **SocialZing** has to offer!

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ziningPROPLUS	\$99/mo	Power Builder <ul style="list-style-type: none">SocialZING Complete Social DeckPageZING Unlimited Lead Facebook PagesCaptureZING Unlimited Lead Capture SitesLeadZING 5,000 ContactsMeetingZING 100 AttendeesVideoZING 3000 Video EmailsTextZING 3000 Text