



WellnessReport

Feeding the Mind for a Healthier Tomorrow

Revolutionary silver for the body

New silver technology shields humans from contagious diseases



by Dr. Gordon Pedersen, Ph.D. in toxicology with a master's degree in wellness

Recent advances in silver technology have resulted in a silver solution that can be used in an effective daily regimen to prevent against bacteria, viruses, mold, and food poisoning, as well as help improve wound healing. This new patented form of silver supplement is safe enough to consume every day¹ while powerful enough to destroy the causes of many serious diseases like strep throat, staph, pneumonia, salmonella, dysentery, and yeast². Silver has been used successfully as a nutritional supplement to help fight contagious disease for thousands of years, but until recently no one has really understood how it works.

In 1924 a patent was approved for colloidal silver. At that time it was a revolution-

ary advancement in applying silver in a relatively safe manner. Since then, breakthroughs in the science of silver at the nano particle level have had astonishing results. In the past decade a new patent was obtained, capturing these properties in a new "silver sol," which can be used daily to help prevent the cause of contagious diseases. Additional properties of the new silver are now showing tremendous promise. Silver has shown to help reverse antibiotic resistance⁴. It also has the unique advantage that bacteria do not mutate to destroy its activity³. This is important because a good antibiotic will kill perhaps a half-dozen different disease-causing organisms, while the new silver has been reported to kill hundreds of dangerous bacteria, viruses, and mold without damaging the good (probiotic) bacteria⁵. Finally, one of our nation's foremost physical scientists, Dr. Rustum Roy of Penn State University, published the following about the new silver: "...when used alongside a traditional antibiotic, the silver sol has a synergistic effect, thereby extending the life of the efficacy of

several antibiotics tenfold."⁶

This shielding effect of silver is like your first line of defense, protecting the most vulnerable parts of the outside and inside of your body from contagious disease. According to *Science Digest Journal*, "Silver is our mightiest germ fighter." The journal also reports how silver is virtually non-toxic to humans and is emerging as a wonder of modern medicine.

How does it work?

When silver is subjected to tremendous amounts of energy it will actually dissolve into water. Depending on the process, particles can be so small that they can enter a single red blood cell. In the past, silver was produced at home using commonly available electrical devices. These electrical devices produced silver water that was in the range of 300 to 3000 parts per million. Unfortunately, side effects began to appear with such inconsistent and high concentrations of silver

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This isn't your grandma's silver!

Silver has been used for thousands of years to keep water and foods safe (*See sidebar, left*). In 1924 the first patent was issued for "colloidal" silver. Colloidal simply refers to a fine dispersion of silver into water that doesn't settle or filter easily. You are probably familiar with the term colloidal silver, but you can imagine the technology used to create such a product in 1924. Since then most commercial silvers feature silver dispersions in the range of 300 to 3,000 parts per million, resulting in admirable antibacterial results.

Today, however, the newly patented silver sol technology features an engineered nano particle of specific size and resonance whose catalytic properties allow a single silver particle to neutralize pathogens continuously. While the old, homemade colloidal silvers are capable of destroying one pathogen per silver particle, it takes hundreds of times more silver to do what the new silver sol technology can do in far less concentrations—and the new silver is absolutely safe.

Because of the size, resonance, concentration, and other factors associated with the new patent, additional and deeper health benefits can be expected. The new silver:

- Kills 99.9% of most bacteria, yeasts, and molds within 10 minutes
- Continues to kill pathogens with catalytic, not chemical action
- Can be used internally, as well as topically
- Has multiple mechanisms of action to ensure its efficacy
- Is non-toxic and safe at recommended levels

Silver: Thousands of years of medicinal use around the world

by Dr. Rustum Roy, Pennsylvania State University

Silver has been used for thousands of years all over the globe for its medicinal properties. Hippocrates, the famous Greek physician and father of modern medicine, wrote that silver could prevent disease and had special healing properties. Consequently, the Ancient Greeks and Romans crafted utensils out of silver to protect themselves and their children. The ancient Phoenicians stored liquids like wine, water, and vinegar in silver bottles to prevent spoiling.

During the Plagues in Europe, wealthy families gave their children silver spoons to suck on to protect them from the dreaded disease; hence we hear the saying "born with a silver spoon in his mouth."

The early Western settlers dropped silver coins into their wells and water barrels to keep the water potable, and dairy farmers often used silver milk pails to keep the milk from spoiling. In the 19th century surgeons used silver sutures to close surgical wounds; this prevented infection and sped up the

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Former U.S. Air Force Surgeon General advocates new silver technology

"We currently do not have anything with such a wide spectrum of efficacy...in our inventory."

Paul K. Carlton, Jr. received his Bachelor of Science degree from the U.S. Air Force Academy in 1969 and his Doctor of Medicine from the University of Colorado in 1973. He served as the Surgeon General of the Air Force from 1999 to 2002, acting as functional manager of the U.S. Air Force Medical Service. He currently serves as Director of the Integrative Center for Homeland Security at Texas A&M.

In 2003, Dr. Carlton drafted a letter to the U.S. Department of Homeland Security recommending this new silver solution as an important resource in bio-defense against bioterrorism and outbreaks of infectious diseases. According to Dr. Carlton, the aquasol technology "has under-

gone rigorous testing and has been found to kill anthrax, bubonic plague, hospital staph, and SARS" while still being non-toxic to humans. In addition, Dr. Carlton wrote the compound has been a protection against the bubonic plague, and was awaiting approval for its use against anthrax.

The silver solution "has shown to be a proven wide-spectrum anti-microbial/bio-decontaminant...that can be used to increase the safety and functionality of healthcare facilities in the event of a bio-terror attack or infectious disease outbreak such as SARS.

"In short, we currently do not have anything with such a wide spectrum of efficacy ... in our inventory."



notable quotable

"To date, there are no potentially pathogenic bacteria tested that... [this] product has not killed."

Dr. R. Leavitt, Professor of Molecular Biology & Microbiology, Brigham Young University



The new silver technology has been shown to be effective in either inhibiting or killing the following pathogens:

Pathogen	Strain	Disease(s)	Effective Concentration
Bacterium	MRSA <i>Staphylococcus aureus</i>	Pneumonia, eye infections, skin infections, meningitis, Toxic Shock Syndrome, food poisoning	2.5-5.0 ppm
Bacterium	<i>Haemophiles influenzae</i>	Ear infections, pneumonia, meningitis, throat and sinus infections	1.25 ppm
Bacterium	<i>Yersinia pestis</i>	Bubonic plague	5.0 ppm
Bacterium	<i>Pseudomonas aeruginosa</i>	Burn & wound infections, meningitis, pneumonia, urinary tract infections	2.5-5.0 ppm
Bacterium	<i>Streptococcus pneumoniae</i>	Pneumonia, meningitis, sinusitis, otitis media	2.5-5.0 ppm
Bacterium	<i>Streptococcus pyogenes</i>	Strep throat, impetigo, scarlet fever	1.25 ppm
Bacterium	<i>Streptococcus mutans</i>	Dental plaque, tooth decay	5.0 ppm
Bacterium	<i>Salmonella arizona</i>	Food poisoning, fever	2.5-5.0 ppm
Bacterium	<i>Salmonella typhimurium</i>	Food poisoning, enteric fever	2.5 ppm
Bacterium	<i>Escherichia coli</i> (E. coli)	Food poisoning, diarrhea	2.5-5.0 ppm
Virus	Influenza A	Flu	10.0 ppm
Virus	Hepatitis B	Hepatitis	10.0 ppm
Mold/Yeast	<i>Candida albicans</i>	Vaginal and intestinal yeast	5.0 ppm

Improving overall health with silver sol™

Johnella May: One of my male clients had an infection in his throat that was diagnosed as strep throat. His throat kept swelling up. It was hard for him to swallow or even drink anything. He isn't a person who likes to go to the doctor and refused to make an appointment. That was when I told him to use the new silver solution. I advised him to take a teaspoon every two hours. The next day he called me and said that all of the swelling in his throat was gone. He could swallow again! I told him to start taking a teaspoon of silver twice a day for the next three days. It did not swell up again.



Fred DeGordon: A lady I knew who was in her sixties was at a parade. She was standing on a wall when she slipped, fell, and scraped her leg. The scrape was about an inch and a half wide and about four inches long, and the skin seemed to have been peeled right off her leg. They took her to get a tetanus shot and gave her some creams to put on the wound. Five days later it was worse and oozing all over. She then came to see me. I had her use a quarter teaspoon of silver internally twice a day. She started washing her cut and used the silver on bandages to wrap her wound up. She came and got a new bottle of the new silver solution every week. Every week the scrape reduced to half its size. After two and a half to three weeks it was just a straight line of pink skin. She continued for one more week and the scrapes were all gone. After one month of using silver sol the wound had completely disappeared. And the scar was gone!



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developed in uncontrolled environments. The new super charged silver produces hundreds of times more health benefits at a much lower concentration of silver (5 to 40 parts per million). The result is silver that is hundreds of times more efficient while being absolutely safe. This nano-encapsulated and supercharged particle has four primary mechanisms of action (See *Silver sol's attack strategy*, page 4). First, its chemical structure is unique. With each ion's shell missing two outer electrons, the supercharged silver rips electrons from the thin-walled cell membranes of harmful bacteria, rupturing the cells and causing their deaths. Second, a unique resonance of the metallic silver disrupts and ultimately kills viruses, bacteria, and yeast. The new silver's resonant frequency is in the same range as the blue germicidal lights found in hospitals. Third, silver's supercharged magnetic attraction binds and incapacitates the abnormal DNA of viruses in direct contact or even within the vicinity of the silver (See *illustration*, page 4). Finally, most cells have a sugar coating used in cellular communications that determines intercellular activity. Silver reacts positively with this sugar coating, which allows the silver particle to enter abnormal cells and destroy the pathogens.

It is remarkable that silver can be so active against pathogens while remaining virtually non-toxic to humans. This is predominantly due to the fact that it only takes a tiny amount (10 to 20 parts per million) of this supercharged silver sol to be effective. This type of suspension is unique and patented because of the high level of electrical current (>10,000 electro volts) required to manufacture it. The very low concentrations of supercharged silver yield a broad spectrum of results; some of the most important are found in the table at the top of this page.

How do I use silver?

Liquid or gel silver sol is odorless, colorless, and relatively tasteless. Both contain the same active ingredients. It usually takes 2 to 6 minutes for silver to destroy 99.9% of bacteria, viruses, mold, and other pathogens it contacts. It is important



to drink silver daily to provide silver in the bloodstream because it acts as in internal disinfectant. It is equally important to administer the silver through sprays or drops for topical use, or in the orifices of the body as needed. Here are some of the most common applications of silver I have seen:

Internal disinfectant/drink: as a daily regimen it is safe and recommended to take 1 to 2 teaspoons of silver as an internal disinfectant. If exposed to high levels of stress, contagions, etc., this amount may be doubled. Once silver is in the bloodstream it will circulate, selectively incapacitating harmful bacteria and viruses. Because it is inorganic, silver will not remain in the body; by the second day, 99% will be eliminated.

Voice spray: A person who wants to reduce the bacteria that causes sore throats can use a liquid spray bottle: 1 to 4 pumps, 1 to 10 times a day. Gargling for six minutes will help keep the silver in contact with the pathogens for an effective amount of time.

Ear infections: A person who wants to kill the bacteria, virus, or yeast that causes this condition should put 4 drops of the silver in the eye or ear. Apply 4 drops into the affected

ear (ear facing the ceiling). Keep ear pointed toward the ceiling for ten minutes to allow the silver deep access into the ear cavity, and then repeat the process with the other ear. Applying drops once or twice a day is generally sufficient.

Nasal spray: A person who wants to reduce the bacteria and viruses that cause sinus infections can use a liquid spray bottle: 1 to 4 pumps, 1 to 10 times a day.

Mouthwash: Gargling for six minutes will help keep the silver in contact with the pathogens for an effective amount of time.

Foot/toe fungus: The entire foot can be washed or soaked daily to help destroy unwanted fungus and bacteria. If a toenail has fungus growing under it, the toenail should be sanded until the shiny part of the toenail is gone, then soak a cotton ball and wrap it with tape so the silver is in constant contact with the nail. Apply for 30 minutes.

Eyes: Apply 4 liquid drops in the eyes for six minutes, twice a day. This helps reduce the bacteria and viruses that cause many eye diseases.

Skin acne, rashes, and bacterial/viral/fungal: a person who wants to reduce the causes of bacteria, fungus, and viral skin disease can use the spray as needed, or as often as six times a day.

Wounds: The silver is absorbed into the skin where 80% of it is distributed into the red blood cells acting as an antimicrobial agent, helping with swelling and pain.

Important to note is that salt can cause the silver to fall out of suspension, so avoid mixing the silver liquid with salt. This means many pharmaceutical drugs will have to be taken two hours before or after the consumption of silver.

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Personal letter to secretary of Homeland Security, Tom Ridge. Washington, DC.

No antibiotics needed to fight ear infection

Jillian Helstrom: I work in a hospital and some time ago I contracted a double ear infection. The infection went on for three or four days until I became quite sick. My mother had me take silver to help with the infection. I put a few drops every day in my ears and also took the silver internally. At the same time one of



my colleagues had a similar ear infection and while I was taking the silver, she was on antibiotics. In two weeks I was completely over my infection and it took my colleague an entire six weeks before she felt better! I continue to take one teaspoon of the silver every day because I work in a hospital where there are penicillin-resistant bacteria.

Researcher lauds silver's effective results



by Kenneth Friedman, Ph.D. from MIT, with master's degrees from MIT and Harvard

New vs. Old Silver

Just because something is silver does not guarantee that it has significant biological effectiveness. Old silver products were often brown or yellow in color and contained far more silver but were far less effective, often requiring 50,000 to 300,000 ppm (parts per million) of silver or more to kill a harmful pathogen. Conversely, the new silver solution is clear, colorless, odorless, and exhibits only a very faint metallic aftertaste. But it can terminate entire colonies of harmful bacteria at concentrations of 5 ppm or less.

One colloidal silver product on the market has been shown to inhibit the growth of *E. coli* at 1,500 ppm. The new silver solution has been shown to kill *E. coli* at a concentration of only 2.5 to 5.0 ppm. This suggests that the new silver solution is several hundred times as effective as the leading competitor at killing the *E. coli* bacterium.

Additionally, the new silver solution is much more bio-available than older solutions, or even other solutions currently on the market. This means that more of the silver is readily absorbed and utilized by the body. Researchers at Brigham Young University tested many colloidal silver solutions currently available on the market. These products were found to have bio-availabilities between 15% and 65%. The researchers then tested the new silver solution. Not only was it more effective against microbes in laboratory tests, but its bio-availability exceeded 99%. One would have to take six times as much of the 15% bio-available colloidal sil-

ver product to effectively absorb the same amount of silver as the 99% bio-available new silver solution.

New Silver vs. Antibiotics

As a broad-spectrum bactericide, the new silver solution does not generate resistant strains. This may be one of its most significant attributes. Over the past several decades the use of antibiotics has given rise to bacteria that are immune to those antibiotics. For instance, 50 years ago nearly all strains of *Staphylococcus* could be treated with penicillin. Today, 95% are resistant to penicillin.

The new silver solution may be the answer. Studies have shown that it can kill pathogenic bacteria without permitting the development of resistant strains. Additionally, the new silver does not have the negative side effects associated with most antibiotics. For instance, many antibiotics, especially broad-spectrum ones, kill friendly bacteria in addition to the harmful bacteria. These friendly bacteria usually inhabit our large intestines, producing B-vitamins and folic acid and preventing harmful yeasts and bacteria from multiplying and causing infection.

In vitro testing of the new silver solution has shown that it does not kill helpful bacteria like *Lactobacillus*. Unlike traditional antibiotics, the silver is able to distinguish between helpful and harmful bacteria.

Conclusions

Based on my research, I have found the new silver solution to be a safe and effective weapon against harmful yeasts, viruses, and bacteria. Its low concentration, high effectiveness, and lack of side effects make it an ideal supplement for the prevention and care of conditions associated with these pathogens.

choice for stents and prosthetic implants. The military issues soldiers socks and undergarments woven with silver to reduce odor and prevent infection in the field.

Silver has some pain-reducing properties as well; it is often woven into cloaks for racehorses to relieve aching muscles.

In more complex applications, silver solutions—that is, running electrical currents through metallic silver immersed in water—have been used in a wide variety of surgical procedures. This technique has even been used to aid in limb regrowth in salamanders.

Even with such longstanding, widespread use, no known adverse health effects have ever been recorded. This provides epidemiological evidence that silver as a metal is not toxic in any way. In addition, modern clinical studies have proven the efficacy of ultradilute silver aquasols as extraordinary, powerful, bactericidal agents equal to most commercial antibiotics.

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Silver sol™ benefits family's health on a daily basis

Sue Watson: I have four children and was introduced to silver about the same time my son Nathaniel was born six years ago. When he was born we were using natural alternatives to treat different ailments in our family with silver as "a last resort." I suffered from aches and pains for quite some time. One night I tried silver hoping it might help. The next day I woke up feeling wonderful and ready to go! We were cautious about using silver too



often because we were worried about adverse side effects. Later we learned that silver is safe to take and we began using it regularly to treat sinus infections in our family. Now we use it almost every day. My husband has even found some relief from his Crohn's disease. My 14-year-old daughter will take the silver independently when she is feeling ill. I am very impressed by a product when a teenager will take it on her own because she knows it will help. We started Nathaniel on the silver when he was two years old and since then we have never had to make a sick visit to the doctor! If I could only take one health supplement I would choose silver!

Scientific Validation of silver sol

The following references demonstrate a number of studies that validate the health claims made by people everywhere who use silver sol.

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Silver: thousands of years of use around the world

Continued from Page 1

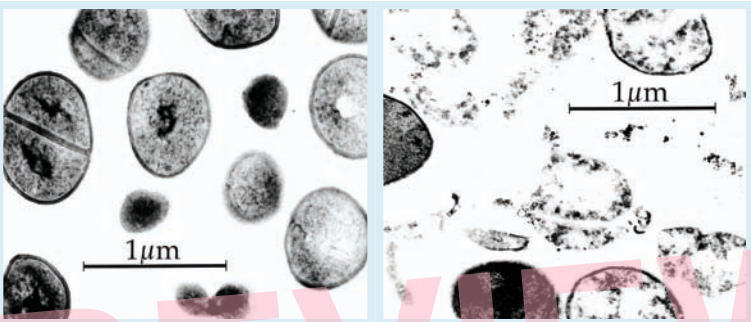
healing process.

Silver leaf was applied to soldiers' wounds during World War I to prevent infection, and during World War II, silver solutions were often used as a topical antiseptic and as an oral—or even injected—antibiotic. In fact, prior to the introduction of chemical antibiotics, colloidal silver was widely used in hospitals for that purpose.

Silver is still used in medicinal applications today. A recent paper reported that some 275,000 kg (605,000 lbs) of edible metallic silver foil are eaten every year in India, perhaps due in part to its use in Ayurvedic (traditional Indian) medicine as a tonic or elixir for those suffering from age or debilitating disease.

In America, many hospitals use silver-plated Foley catheters to prevent urinary tract infection, and the metal's bactericidal properties make it an ideal

Behold the power of silver!



Before: This photo, taken through a microscope, shows methicillin-resistant *Staphylococcus aureus* (MRSA) infection, which kills thousands of people every year. Note how the cells have dividing membranes down the center as the bacteria have begun to multiply.

After: Photo taken 1.4 minutes after application of silver. 99% of the deadly bacteria are destroyed. Note that the cell membranes were ruptured in most of the bacteria and the one that is not ruptured cannot multiply. In addition, the genetic material has been scrambled. Multiple mechanisms of action have thwarted the pathogen attack.

silver's attack strategy

Chemical structure/contact

Silver sol[™] particles are tiny enough to be absorbed into a single red blood cell. Pure silver is supercharged and surrounded by a chemical shell that is missing two electrons (called ionic because it carries a charge). This means the tiny silver particle wants to attach to the thin cell walls of pathogens and remove one or two electrons. This leaves a hole in the cell membrane and kills the pathogen. Normal cells have thicker, more protected cell membranes that have a balanced charge, resulting in selective protection from the silver's oxide coating that kills bacteria on contact.

Resonance

There are healthy and unhealthy resonances. For example, imagine a vibrating back massager compared to the jolting frequency of a jackhammer. In a similar way, silver resonates at a frequency selectively destructive to pathogens. In fact, it has been measured to resonate at 890 to 910 terahertz. This is the same frequency at which germicidal ultraviolet light resonates. Imagine now tiny silver particles that are small enough to be absorbed into the red blood cells, and resonate at the perfect frequency to destroy bacteria, viruses, and yeast. These tiny "flashlights" circulate throughout every capillary in the body, disinfecting from the inside.

Magnetic disruption of viral DNA

A virus is constructed of a capsid that contains incomplete segments of DNA and RNA. These DNA segments carry a slight magnetic charge. There is a claw on the outside of the virus that attaches the virus to a healthy cell. Once the virus is attached to a healthy cell it can inject the incomplete DNA into the healthy cell, producing damage to the normal DNA and causing it to reproduce abnormally. This can cause viral diseases like influenza, hepatitis, and cervical cancer. The new supercharged silver acts like a magnet that attracts the charged DNA particles. The DNA binds so tightly to the silver that it makes a chaotic tangle of incomplete genetic material that can never lengthen out, so it can never go through replication. This inactivates the virus and prevents replication of viral disease. Normal cells have thicker, more protected cell membranes with a balanced charge, which protects them from the silver's magnetic attraction. (See illustration, below)

Cellular Communication

Most cells communicate through a sugary coating. This coating lets the cell know friend from foe. Silver has a "friendly" sugar coating that allows it to positively communicate with cells. This way, silver nano particles can enter into an abnormal cell and attack pathogens before they have a chance to replicate.

Painful infections resolve with silver

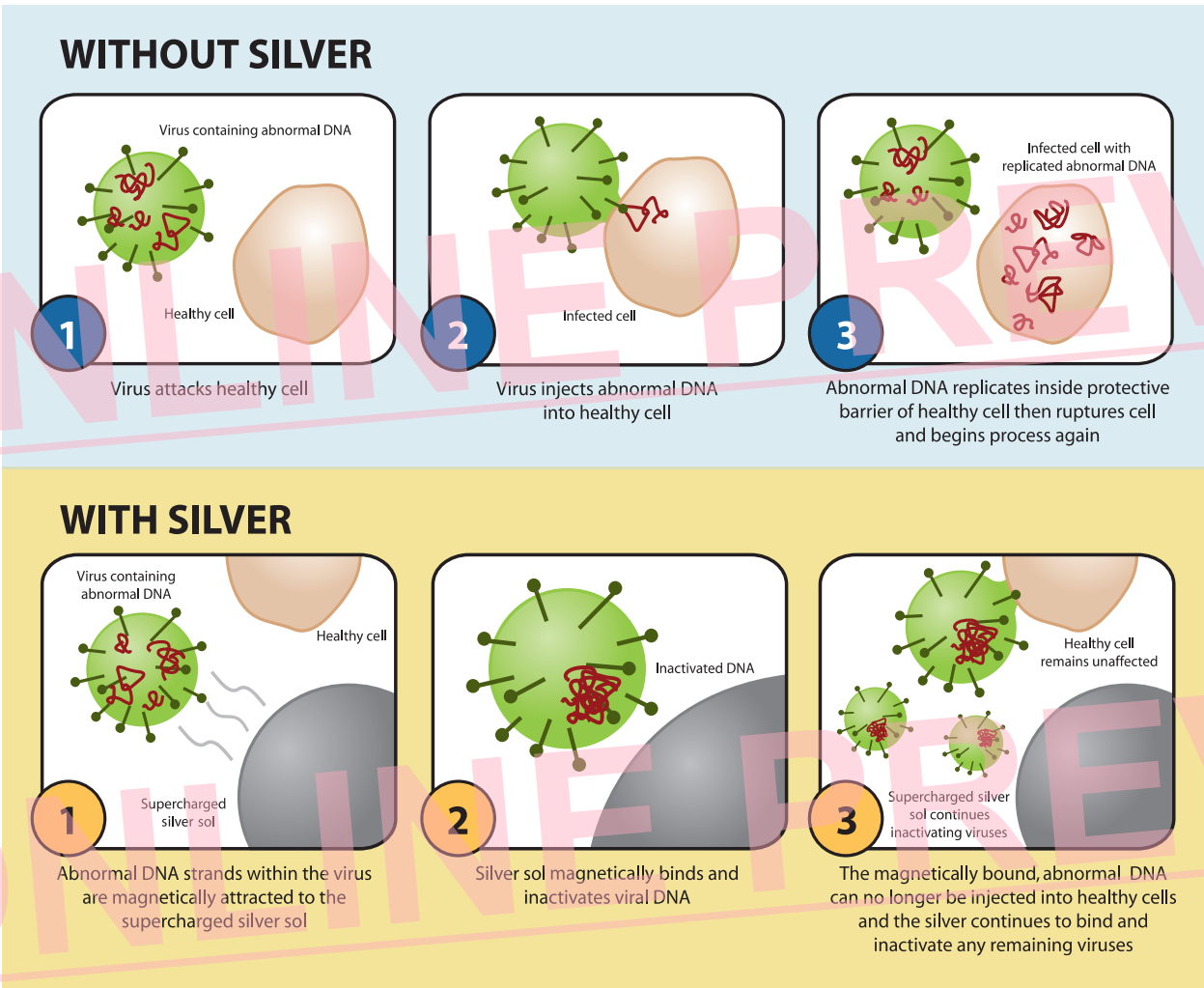
Darlene Haberer:

I had a chronic jaw infection in my left upper jaw that was not being fully cleaned up even though I had dental work done. I used a lot of herbs that are natural infection fighters but I could not seem to get the amounts high enough to fight my chronic jaw infection. I had pain, headaches, feelings of nausea, and low energy. It took me away from daily activities. The only thing that worked for my chronic jaw infection was the silver product. I took a tablespoon of silver sol both morning and evening for three weeks and started feeling much improvement. Three months later, the silver has completely cleared my infection.



Lisa Bendler:

I have a tooth that abscessed and my new dentist advised a root canal. When he started to clean the abscess, he found that the tooth was perfectly healthy except for a small filling that had become infected. He said it was the worst infection he had ever seen. Both the bone and the jaw were infected. I told him I don't use antibiotics but was on a natural program that included silver. He sent me home for a few weeks to let it drain, fully expecting me to experience a lot of pain. I increased my intake of silver and two days later called the dentist's office. His secretary asked me how I was feeling. I replied that I was just fine. The dentist was standing nearby because I heard him say, "She should really be having a lot of grief." Within two weeks, there was no more pain.



African track star brings silver to Ghana



He is one of a small percentage of Ghanaians to have such serendipity. Estimates reveal that nearly 14 million Ghanaians live in poverty, unable even to afford adequate food and medicine.

Continuing in good fortune, while in the U.S. Felix was introduced to silver's unique health properties. And, in subsequent trips to Ghana, Felix tested the silver on family, friends, even himself. In five years of traveling back and forth, Felix has not fallen ill once. His father, who had suffered through malaria several times, has not con-

tracted it since. His cousin's daughter was severely afflicted with ringworms, and after a week of applying silver she had no signs of the parasite. Similarly, one of his friends had a painfully infected head wound causing him to lose sleep and hair among other problems. Within a week, he too was unable to believe his "miraculous" recovery.

Since witnessing these experiences firsthand, Felix has worked full time to bring the power of silver to the nation's poor. He has spearheaded a human clinical study on 124 patients from a number of hospitals and clinics, and was successful in attaining homeopathic drug approval from the country's Health Ministry. His ultimate objective? Thwarting the #1 African killer—malaria—that claims 5 million victims per year, mostly children, pregnant women, and the elderly. In the human studies Felix Andam oversaw, 100% of the people with malaria who used silver were back to work within 3 to 5 days. The testing, which included U.S. Air Force soldiers, also revealed astonishing success on parasites, sexually transmitted diseases, and skin infections. "I believe in silver 100%," Felix says emotionally. "Silver changes lives."

Eye infection, sore throats clear up quickly

Laura Stewart: I've been using the new silver solution for several years now. I've used it internally to help kill bacteria that lead to sore throats. Just gargling it makes a sore throat disappear within one day!

I once contracted a staph infection in my eye. The infection made me feel terrible but I was scared to have the infection cut out. I was embarrassed to go anywhere and wanted to stay in my room and hide. Thanks to the results of using silver sol I was able to avoid surgery, which also meant I didn't have to worry about scar tissue. The silver saved me a lot of time and money. Because of my positive experience with the eye infection, I've also used the silver for pink eye, which usually goes away the day of application.

I use the silver to wash my hands and for other antibacterial uses because it works so well. Plus, it doesn't destroy the pH of your skin.

My son had his first ear infection in January. I put the silver solution in his ear and the infection was gone the next day. It was nice to not have to use antibiotics. The silver doesn't cause any harm and has no side effects, unlike antibiotics. I've been impressed with the silver product. Everyone I have recommended it to has had great and swift experiences and results. I'm glad that my family has it in our lives.



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